



# Wellbeing

*God's Plan For Your*

## Financial Wellbeing

**Date:** Sunday 28<sup>th</sup> February

**Speaker:** Captain Ramdas-Harsia

**Key Verses:** 1 Kings 18

### Talk Summary:

#### Mindsets (Beliefs)

1. **God is our provider, WE ARE HIS STEWARDS.** A Stewardship perspective is foundational to us starting to have financial peace, once we acknowledge God is the owner, we can start to think about how to manage His provision to us - **His way.**
2. **Avoid materialism.** Seeking first God's Kingdom and His values, will help to free us from materialism and start believing His promises of provision and will release us from a "fear of lack" (Matthew 6 v25-33 "Do Not Worry")
3. **Cultivate contentment.** Cultivate a habit of thankfulness for what you **do have**, not focussing on what you **don't have**. Growing in contentment is a very effective antidote to materialism, all founded on the truth that God is our provider. (Philippians 4v11-13 & 1 Timothy 6 v6-10)

#### Actions (Faith)

1. **Budget. Assess** where you are at financially, are you regularly spending more than your income? **Develop a budget** or at least have an idea how much you can spend every week or month, look to **reduce debts** and your budget must try to include **Saving for Essentials, Emergencies, The Future, Giving, Wants** (God doesn't have a problem with providing for our enjoyment! 1 Timothy 6:17)
2. **Be generous.** Generosity doesn't just positively benefit our feelings, it also affects our finances! Contrary to what we might expect, the Bible teaches that because God is generous, when we're generous, He is waiting to resupply us with His abundance. This is taught consistently throughout the Bible. (Proverbs 11v24-25 & 2 Corinthians 9v8).
3. **Pray.** That God will help you to be living within His will through **spending carefully, saving wisely, giving generously** and that God will help with your belief that He will provide especially if you struggle in this area. Let your prayer be specific and persistent (1 Kings 18)

## Worship

*Worship is not just singing, it is thanking God for who he is and what he has done and is lived out through a life of trusting obedience. Discussing this together is an act of worship.*

*(Small group worship resources can be found at [bvc.so/sgworship](http://bvc.so/sgworship))*

- What are you thankful for this week?
- Where has God been at work in your life?
- When have you taken risks in faith and obedience this week?

*If you have a time of singing you can skip the above questions but please do ask this question each week:*

- What has God been speaking to you about this week? *(Go around the group quickly don't spend a long time on it)*

## Discussion Questions (choose some which are most relevant to your group)

*(Be aware of the different needs, situations and aspirations of your small group members – working or not working, those on benefits, and retired people. If any group member is facing financial difficulties, once the group session is over, the BV office can be contacted, as we can offer help and advice with budgeting and there is also a hardship fund for those who are still struggling.)*

- In what ways do we find it easy/difficult to talk about our finances?
- Have you ever experienced God's provision in your life, either day to day or in supernatural moments that you would be willing to share?
- When have you experienced generosity from others? Are there times when you have been able to be generous to others? How did it make you feel?

## Witness

*We want to be investing in authentic relationships with those who don't know Jesus yet and inviting them to anything where they might meet other Christians and Jesus. Pick one of the below each week:*

- How would you share what you have learned with a non-church friend?
- What church events coming up would your friends appreciate an invitation to?
  - 'Rooted' begins 10<sup>th</sup> March. Attendees will learn more about the Vineyard and our vision as a church, ask questions and get connected to a community that exists to see people flourish in their relationship with Jesus. More details at [bvc.so/rooted](http://bvc.so/rooted)

## Further Resources

- **Riverside Money Advice** offers free, confidential and independent budgeting and debt advice and practical help to escape debt in the south Birmingham area.  
<https://riverside-moneyadvice.org.uk>  
0121 442 4484